

Slo's for Dance 101X2 (Beginning Modern Dance)

- (1) Students will demonstrate an understanding of warm - up techniques by performing exercises designed to warm up the large muscle groups, raise body core temperature, increase pulse rate and prepare the body to move.
- (2) Students will demonstrate an understanding of their own "voice" in dance by the performance of short (5-10 minute) compositions done in collaboration with one another.

**NOTE: THIS IS AN ADDENDUM TO THE COURSE OUTLINE, AS A REQUIREMENT FOR COURSE SUBMISSION.**

COURSE: 101X2	BEGINNING MODERN DANCE		
OBJECTIVE	OUTCOME	ACTIVITY	ASSESSMENT
Students will choose correct techniques of body placement, tension-relaxation, and breathing.	Students will perform proper activities designed to warm up the large muscle groups, raise body core temperature, increase pulse rate and prepare the body to move.	In-class dance exercises	Instructor observation
Students will demonstrate their own unique style, or "voice" in dance	Students will work in teams to create short (5-10 minute) compositional collaborations	In-class dance exercises	Instructor and peer critiques